**Matt 6:25-34**

**25** "Therefore I tell you, **do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?** **26** Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them.Are you not of more value than they? **27** And which of you by being anxious can add a single hour to hisspan of life? **28** And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, **29** yet I tell you,even Solomon in all his glory was not arrayed like one of these. **30** But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you,O you of little faith? **31** Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' **32** Forthe Gentiles seek after all these things, andyour heavenly Father knows that you need them all. **33** Butseek firstthe kingdom of God and his righteousness,and all these things will be added to you.

**34 "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.** ESV

**25** "Therefore I tell you, **do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?** **26** Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? **27** Who of you by worrying can add a single hour to his life?

**28** "And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. **29** Yet I tell you that not even Solomon in all his splendor was dressed like one of these. **30** If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith? **31** So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' **32** For the pagans run after all these things, and your heavenly Father knows that you need them. **33** But seek first his kingdom and his righteousness, and all these things will be given to you as well. **34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.** NIV

**25** "Therefore I say to you**, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?** **26** Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? **27** Which of you by worrying can add one cubit to his stature?

**28** "So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; **29** and yet I say to you that even Solomon in all his glory was not arrayed like one of these. **30** Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, *will He* not much more *clothe* you, O you of little faith?

**31** "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' **32** For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. **33** But seek first the kingdom of God and His righteousness, and all these things shall be added to you. **34 Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day *is* its own trouble.** NKJV

**25** "That is why **I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing?** **26** Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? **27** Can all your worries add a single moment to your life?

**28** "And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, **29** yet Solomon in all his glory was not dressed as beautifully as they are. **30** And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?

**31** "So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' **32** These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. **33** Seek the Kingdom of God**\*** above all else, and live righteously, and he will give you everything you need.

**34 "So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today.** NLV

**Phil 4:4-7**

**4** Rejoice in the Lord always; again I will say, Rejoice. **5** Let your reasonableness be known to everyone.The Lord is at hand; **6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.** ESV

**4** Rejoice in the Lord always. I will say it again: Rejoice! **5** Let your gentleness be evident to all. The Lord is near. **6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.** NIV

**4** Rejoice in the Lord always. Again I will say, rejoice!

**5** Let your gentleness be known to all men. The Lord *is* at hand.

**6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.** NKJV

**4** Always be full of joy in the Lord. I say it again—rejoice! **5** Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon.

**6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.** NLV

**Prov 2: 6-8**

**6** Forthe Lord gives wisdom;

from his mouth come knowledge and understanding;

**7** he stores up sound wisdom for the upright;

**he is a shield to those who walk in integrity,**

**8 guarding the paths of justice**

andwatching over the way of hissaints. ESV

**6** For the Lord gives wisdom,

and from his mouth come knowledge and understanding.

**7** He holds victory in store for the upright,

**he is a shield to those whose walk is blameless,**

**8 for he guards the course of the just**

and protects the way of his faithful ones. NIV

**6** For the Lord gives wisdom;

From His mouth *come* knowledge and understanding;

**7** He stores up sound wisdom for the upright;

***He is* a shield to those who walk uprightly;**

**8 He guards the paths of justice,**

And preserves the way of His saints. NKJV

**6** For the Lord grants wisdom!

From his mouth come knowledge and understanding.

**7** He grants a treasure of common sense to the honest.

**He is a shield to those who walk with integrity.**

**8 He guards the paths of the just**

and protects those who are faithful to him. NLV

**2 Pet 3:9**

The Lord is not slow in keeping his promise, as some understand slowness. **He is patient with you, not wanting anyone to perish [utter destruction], but everyone to come to repentance [think differently, reconsider].** ESV

**9** The Lord is not slow in keeping his promise, as some understand slowness. **He is patient with you, not wanting anyone to perish, but everyone to come to repentance.** NIV

**9** The Lord is not slack concerning *His* promise, as some count slackness, **but is longsuffering toward us, not willing that any should perish but that all should come to repentance.**  NKJV

**9** The Lord isn't really being slow about his promise, as some people think**. No, he is being patient for your sake. He does not want anyone to be destroyed, but wants everyone to repent.** NLV

Encouragement:

**1 John 5:14-15**

**14 And this is the confidence [boldness] that we have toward him, that if we ask anything according to his will he hears us. 15 And if we know that he hears us in whatever we ask, we know that we have [hold] the requests that we have asked of him**. ESV

**14 This is the confidence [boldness] we have in approaching God: that if we ask anything according to his will, he hears us. 15 And if we know that he hears us — whatever we ask — we know that we have [hold] what we asked of him.** NIV

**14 Now this is the confidence [boldness] that we have in Him, that if we ask anything according to His will, He hears us. 15 And if we know that He hears us, whatever we ask, we know that we have [hold] the petitions that we have asked of Him.** NKJV

**14 And we are confident [bold] that he hears us whenever we ask for anything that pleases him. 15 And since we know he hears us when we make our requests, we also know that he will give us what we ask for.** NLV